

DARING TO DREAM

Journal Prompts (p.1)

Set a timer for 3-5 minutes for each question and challenge yourself to write for the entire time. When you think you're done, keep going; don't stop until the timer goes off. See what comes up when you think you've got nothing left.

Enjoy and have fun!

Imagine you have \$10 billion in the bank - money is of no concern at all - what are 10 things you'd want to do with your life?

Why? Why do those things matter to you? Why would they matter to anyone else?

DARING TO DREAM

Journal Prompts (p.2)

What would it FEEL like to do/have/be those things? Close your eyes and imagine that being real for you. What feelings come up?

Is money really the thing holding you back from taking steps towards realizing these things?

MY SENSE OF SISTERHOOD

Journal Prompts (p.3)

Is it possible to take some action in the direction of these dreams with the money, time, and resources you currently have?

Be honest - our brain wants to start making excuses why we can't do things - so really think about this one.

What actions can I take to get closer to these dreams?

Circle one of the actions you listed, and make a commitment to yourself to take that action in the next 24 hours. Schedule it, set a time, whatever you have to do to remind and hold yourself accountable.

Your journey of turning your dreams into a reality starts NOW.
Enjoy!